



PROFILE: MASTER THERESA ZAINO

Born an "Air Force brat" at Fort Dix, New Jersey, Theresa Zaino spent some of her childhood in England and upstate New York. Her family settled in Palm Beach county Florida when her father retired from the United States Air Force. In 1984, Theresa began her martial arts studies in the style of Kang Do Kwon Tae Kwon Do under the tutelage of future husband, Danny Zaino. Theresa has remained dedicated to her martial arts training for the past twentyfour years. While committed to the GoJu-Ryu style, she also studied Tae Kwon Do and Thai boxing.

Throughout her training, Theresa has competed at martial arts events throughout Florida and on a national level. In 1988, she helped her husband form the Florida Palm Coast Karate Events circuit. In 2000, she helped organize their national team, "Team Pepsi." She operated a commercial martial arts school for 9 years specializing in children's programs. Today, she continues to assist Grandmaster Danny Zaino with the martial arts training of their three children and other team members as well as competing herself.

Martial Arts Rank

Rokudan (6th Dan) – Japanese/Okinawan GoJu-Ryu & Kubudo – Grandmaster Danny Zaino

Godan (5th Dan) – Niesi GoJu-Ryu - Grandmaster Ulysses "Pop" Winn / Okinawan GoJu-Ryu – Grandmaster Carl Stone

Yodan (4th Dan) – Japanese/Okinawan GoJu-Ryu & Kubudo – Grandmaster Danny Zaino

Yodan (4th Dan) – Japanese GoJu-Ryu – Grandmaster Ed Brown

Sandan (3rd Dan) – Japanese/Okinawan GoJu-Ryu & Kubudo - Grandmaster Danny Zaino

Sandan (3rd Dan) – Okinawan GoJu-Ryu – Grandmaster Carl Stone

Sandan (3rd Dan) – Niesi GoJu-Ryu – Grandmaster Ulysses "Pop" Winn

Nidan (2nd Dan) – Japanese/Okinawan GoJu-Ryu & Kubudo - Grandmaster Danny Zaino

Shodan (1st Dan) – American GoJu-Ryu – Grandmaster John Pachivas

Shodan (1st Dan) – Japanese/Okinawan GoJu-Ryu & Kubudo – Grandmaster Danny Zaino

Other System Rank

Yellow Belt – Tae Kwon Do/Thai Kickboxing – Master Udon Simon

Professional Accomplishments

1988 – Founded Florida Palm Coast Karate Events Tournament Circuit

2000 – Founded Team Pepsi National Martial Arts Team (Team Coach)

2006 – Radio Show Host – Action Radio Network